

Team	Team Name	Coaching Staff
1	All Stars	Kevin & Alan Yoder
2	Spikers	Scott Deneen & Gerry Benefield
3	Slammers	Kim Strickler & Mandy Farris
4	Firecrackers	Anna Friesenhahn & Berry Pennington
5	Aces	Mike & Rachel Gamage
6	The Incredibles	Marcia Rhyne & Jacqueline Hall
7	Volley Dolls	Wes Marsh & Leann Garver
8	Diggers	Mark Beatty & Deanna Lowery
9	Hurricanes	Sandy Lasley & Geisha Jenkins
10	(TEAM NAME HERE)	Chris Graham, Steve Adams & Kate Graham
11	Silver Bullets	Josh & Stacey Hall
12	“Yeller” Jackets	Art, Shannon & Kristen Cozart
13	Dazed & Confused	Sandra Hill & Dawn Ormsby

All updates to the practice calendar MUST also be updated on the church calendar. Please call the church office during business hours (704.263.4275) or email at fpstanleync@carolina.rr.com.

Volleyball Practice Schedule

Division I

- 1 - All Stars
- 2 - Spikers
- 3 - Slammers
- 4 - Firecrackers
- 5 - Aces

Division II

- 6 - The Incredibles
- 7 - Volley Dolls
- 8 - Diggers
- 9 - Hurricanes

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Jan 6	7 Orientation Night 6:30 pm All teams	8 6:00 Team __2__ Team __1__ 7:00 Team __6__ Team __8/7__ 8:00 Team __10__ Team __13__	9 6:00 Team XXXX Team XXXX 7:00 Team XXXX Team XXXX 8:00 Team __11__ Team __12__	10 6:00 Team __8__ Team __4__ 7:00 Team XXXX Team XXXX 8:00 Team XXXX Team XXXX	11 6:00 Team __9__ Team _____ 7:00 Team __5__ Team __3__ 8:00pm Clinic Ages 15-HS	12 8:30am Clinic Ages 10-12 10:00am Clinic Ages 13-14 : Team _____ Team _____ *No practice after 3pm
13	14 6:00 Team __7__ Team _____ 7:00 Team __5__ Team __3__ 8:00 Team __10__ Team __12__	15 6:00 Team __2__ Team __1__ 7:00 Team __6__ Team __8__ 8:00 Team __13__ Team __9__	16 6:00 Team XXXX Team XXXX 7:00 Team XXXX Team XXXX 8:00 Team __11__ Team _____	17 6:00 Team __8__ Team __4__ 7:00 Team XXXX Team XXXX 8:00 Team XXXX Team XXXX	18 6:00 Team _____ Team _____ 7:00 Team __7__ Team _____ 8:00pm Clinic Ages 15-HS	19 8:30am Clinic Ages 10-12 10:00am Clinic Ages 13-14 : Team _____ Team _____ *No practice after 3pm
20	21 6:00 Team __3__ Team __7__ 7:00 Team __4__ Team __8__ 8:00 Team __12__ Team _____	22 6:00 Team __2__ Team __1__ 7:00 Team __6__ Team __13__ 8:00 Team __10__ Team __11__	23 6:00 Team XXXX Team XXXX 7:00 Team XXXX Team XXXX 8:00 Team __11__ Team __9__	24 6:00 Team __13__ Team __8__ 7:00 Team XXXX Team XXXX 8:00 Team XXXX Team XXXX	25 6:00 Team __6__ Team __4__ 7:00 Team __12__ Team __5__ 8:00 Team __10__ Team _____	26 8:00am Team _____ Team _____ 9:00am Team __9__ Team _____ 10:00am Team __3__ Team _____ *No practice after 3pm
27	28 6:00 Team __5__ Team __12__	29 First Game	30 8:00 Team _____ Team _____	31 6:00 Team _____ Team _____	Division III 10 - (Team Name Here) 11 - Silver Bullets 12 - "Yeller" Jackets 13 - Dazed & Confused	

After the games begin, the following practice times are available:

Mondays from 6 – 7pm

Wednesdays from 8-9pm

Thursdays from 6-7pm

Saturdays from 8am – 3pm